Jan 28, 2021

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Jr High Lunch Feb 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 2/1/2021	Tue - 2/2/2021	Wed - 2/3/2021	Thu - 2/4/2021	Fri - 2/5/2021
Teacher Planning Day	Breaded Chicken Sand Chicken Alfredo Homemade Breadstick Lettuce Cup Green Peas Leafy Salad 100% Fruit Juice Ketchup FF Mayonnaise Mustard Ranch Dressing Choice of milk	Hamburger Cheese Burger Asian Food Day Whole Wheat Roll Lettuce Cup Steam Broccoli Glazed Carrots Good Fortune Ice Ketchup FF Mayonnaise Mustard Choice of milk	Grilled Cheese Managers Choice Entr Green Beans Baked Beans Tomato Soup Hot Cinnamon Apples Ketchup Mustard Choice of milk	Pizza Pepperoni Meatball Sub Sandwic French Fries Managers Choice Veg 100% Fruit Juice Orange Sugar Cookie Ketchup FF Mayonnaise Choice of milk
Mon - 2/8/2021	Tue - 2/9/2021	Wed - 2/10/2021	Thu - 2/11/2021	Fri - 2/12/2021
Teacher Planning Day	Soft Beef Tacos Chicken Sticks Whole Wheat Roll Lettuce Cup Diced Tomatoes Broccoli w/cheese Herb Roast Potatoes Apple Slices Ketchup FF Mayonnaise Mustard Choice of milk	Breaded Chicken Sand Crispito Lettuce Cup Pinto Beans Steam Corn Fruited Gelatin Spanish Brown Rice Salsa Ketchup FF Mayonnaise Mustard Choice of milk	Managers Choice Entr Macaroni & Cheese Homemade Breadstick Leafy Salad Green Beans Carroteenies/Ranch 100% Fruit Juice Ranch Dressing Choice of milk	Pizza Pepperoni Corn Dog Leafy Salad Fries Nutmeg Pears Ranch Dressing Ketchup Mustard Choice of milk
Mon - 2/15/2021	Tue - 2/16/2021	Wed - 2/17/2021	Thu - 2/18/2021	Fri - 2/19/2021
HOLIDAY	Hamburger Cheese Burger Chicken Nuggets Whole Wheat Roll Lettuce Cup Mashed Potatoes Cooked Carrots Broccoli w/cheese Nutmeg Pears Country Gravy Ketchup FF Mayonnaise Mustard Choice of milk	Breaded Chicken Sand Nachos with Meat Lettuce Cup Steam Corn Pinto Beans Mandarin Oranges Salsa Ketchup FF Mayonnaise Mustard Choice of milk	Soft Beef Tacos Steak Fingers Whole Wheat Roll Lettuce Cup Diced Tomatoes Zucchini & Squash Green Beans Fresh Oranges Salsa Country Gravy Ketchup Choice of milk	Pizza Pepperoni Mini Corn Dogs Leafy Salad French Fries Fruit Slush Ranch Dressing Ketchup Mustard Choice of milk
Mon - 2/22/2021	Tue - 2/23/2021	Wed - 2/24/2021	Thu - 2/25/2021	Fri - 2/26/2021
Teacher Planning Day	Breaded Chicken Sand Chipotle Rice Bowl Pico de Gallo Pinto Beans Steam Corn Fruited Gelatin Ketchup FF Mayonnaise Mustard Choice of milk	Managers Choice Entr Lasagna Homemade Breadstick Leafy Salad Green Beans Lima Beans Hot Cinnamon Apples Ranch Dressing Choice of milk	Soft Beef Tacos Salisbury Steak Whole Wheat Roll Lettuce Cup Diced Tomatoes Broccoli w/cheese Mashed Potatoes Assorted Fruit Salsa Brown Gravy Choice of milk	Pizza Pepperoni Hot Dog Carroteenies/Ranch French Fries Pears Ketchup Mustard Choice of milk

This product was funded by USDA. This institution is an equal opportunity provider.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.